Fecal water metabolomics in juvenile spondyloarthritis Matthew Stoll MD,PhD,MSCS

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Juvenile idiopathic arthritis

- Arthritis of unknown etiology starting in a child under age 16, lasting ≥ 6 weeks
- Prevalence of 1:1000
- Considered to be the leading acquired cause of childhood disability

Spondyloarthritis

- Type of pediatric and adult arthritis – Constitutes about 15% of JIA
- Distinctive demographic & clinical features
- High prevalence of gut inflammation
 - Inflammatory bowel disease (IBD): 5 10%
 - Subclinical intestinal inflammation: 67%

Diseases falling within spondyloarthritis

<u>Adults</u>

- IBD-associated arthritis
- Reactive arthritis
- Ankylosing spondylitis (AS)
- Psoriatic arthritis
- Undifferentiated SpA

And in children

- Enthesitis-related arthritis (ERA)
- +/- Juvenile psoriatic arthritis

Why study the microbiota in spondyloarthritis?

- Reactive arthritis: triggered by microbes
- Lessons from inflammatory bowel disease
 - Clinical and genetic overlap with SpA
 - Altered microbial populations
 - Response to microbiota-altering therapies
- Clues from SpA animal models

IBD and spondyloarthritis

- Clinical links
 - Arthritis in 25% of IBD patients
 - 2/3 of SpA have intestinal inflammation
 - Gut inflammation and arthritis track together
- Genetic links
 - IL23R
 - TNFSF15
 - STAT3

Lees, *Gut* 2011;60:1739 Fantini, *World Jrnl Gastroenter* 2009;15:2472

Microbiota in IBD

- Altered microbiota in multiple studies
- Response to microbiota manipulation
 - Probiotics (ulcerative colitis)
 - Antibiotics (Crohn's Disease >> colitis)
 - Fecal transplant
- Key flagellin targets identified in CD
 - Antibodies unique to CD
 - Diagnostic and prognostic information

bry bowel disease, in The Microbiome in Rheumatic Diseases and Infection (1st ed), Springer Publishing, 2018

Microbiota in IBD

- Depletion of *Faecalibacterium prausnitzii* and other butyrate-producing organisms
- Depletion of *Bacteroides* Consistent finding in adults only
- Enrichment for Enterobacteriaceae
 - Especially Shigella / Enteroinvasive E. coli

Decreased F. praunitzii in IBD

Study or subgroup	IBD (O	CD/UC	:)	Healt	hy cont	rols		Std. mean difference		Std. mean difference
study of subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, fixed, 95% CI		IV, fixed, 95% CI
Andoh et al. 2012	0.4	0.09	67	0.81	0.04	121	3.4%	-6.53 [-7.26, -5.80]	\leftarrow	
Dörffel et al. 2012	9.06	9.33	50	10.21	9.94	25	7.9%	-0.12 [-0.60, 0.36]		
Jia et al. 2010	5.71	5.34	20	5.93	5.83	18	4.5%	-0.04 [-0.68, 0.60]		
Jia et al. 2010	5.93	5.87	14	5.93	5.83	18	3.7%	0.00 [-0.70, 0.70]		
Joossens et al. 2011	9.44	1.85	68	10.97	1.25	55	12.9%	-0.94 [-1.32, -0.57]		
Machiels et al. 2013	10.95	1.4	127	11.72	1.08	87	23.3%	-0.60 [-0.88, -0.32]	,	
Sokol 2009	8.8	0.5	22	10.4	0.2	27	1.6%	-4.30 [-5.36, -3.25]	÷	
Sokol 2009	8.7	0.6	13	10.4	0.2	27	1.2%	-4.44 [-5.66, -3.22]	÷	
Swidsinski 2008	9.75	9.77	82	10.17	9.65	32	10.9%	-0.04 [-0.45, 0.37]		
Swidsinski 2008	10.14	10	105	10.17	9.65	32	11.6%	$-0.00 \ [-0.40, 0.39]$		
Varela 2013	8.02	0.57	116	8.9	0.37	31	9.4%	-1.64 [-2.08, -1.20]		
Vermeiren 2011	5.56	0.83	6	6.63	0.95	6	1.2%	-1.11 [-2.36, 0.15]		
Wang 2013	0.026	0.058	21	1.402	1.059	21	3.4%	-1.80 [-2.53, -1.07]		
Wang 2013	0.225	0.512	34	1.402	1.059	21	4.7%	-1.52 [-2.13, -0.90]	,	
Willing 2009	0.4	0.89	6	8.7	2.49	6	0.3%	$-4.10 \ [-6.40, -1.80]$	\leftarrow	
Total (95% CI)			75	1		527	100.0%	-0.94 [-1.07, -0.80]		•
Heterogeneity: χ^2 =	= 393.06	, df = 1	4 (<i>P</i> <	0.00001)	; $I^2 = 9$	6%				
Test for overall effect	ct: Z =	13.65 (P < 0.00	0001)						-2 -1 0 1 2

Cao, Gastro Enterol Res and Prac 2014;2014:872725



Decreased Bacteroides in IBD

Abundance of *Bacteroides* in patients with IBD Metaanalysis of early (adult) studies

	Standard Mean Difference	95% CI	P value
CD versus control group	-1.42	(-1.94, -0.19)	P < 0.001
UC versus control group	-0.77	(-1.11, -0.42)	P < 0.001
CD versus UC	-0.38	(-0.85, 0.09)	0.12
**Active CD versus remission CD	-0.60	(-1.48, 0.28)	P < 0.01
*** Active UC versus remission UC	-0.29	(-0.98, -0.09)	0.02

Zhou, Biomed Res Int 2016;2016:5828959



Enteroinvasive E. coli and IBD

- Translocates across the intestinal barrier (Chassaing, J Clin Invest 2011;121:966)
- α-hemolysins damage intestinal barrier (Bucker, Gut 2014;63:1893)
- Maturation of Th17 cells





Decreased fecal butyrate in IBD (a) 0.5 a) butyrate Control 0.05-Scores on LV 3 (5.11%) UC 0.04 IBS 0.03 0.02-0.01 0.00 185 -0.5 C Ś 0.5 1.5 0 1 Scores on LV 1 (14.12%) group Le Gall, J Proteome Res 2011;10:4208

8

Gut microbes in animal models of SpA

Feature	Rat model ¹	Mouse model ²				
Background	33-3 line	B10.BR				
Transgene	HLA-B27, β2m	HLA-B27, β2m				
Clinical features	Colitis, arthritis, spondylitis	Enthesitis, ankylosis of ankles and tarsal joints				
Germ free state	Decreased colitis, arthritis	No disease				
Germ free with defined bacteria	DESEP – No DESEP-B – Yes	Lactobacillus – no Mixture of 10 anaerobes – Yes				
DESEP Streptococcus faecum Escherichia coli						

¹Rath, *Jrnl Clin Invest* 1996;98:945 ²Sinkorova, *Human Immunol* 2008;69:845

Eubacterium contortum Peptostreptococcus productus

Streptococcus avium

DESEP-B: DESEP + Bacteroides vulgatus



Fecal metabolome in AS

Analysis limited to 84 (out of 2342) identifiable features





He, Scientific Rep 2019;9:3872

AS vs Cor	ntro	s	Pathways				
	Total-	AS vs HD					
	VIP	P value	Trend				
5-Trimethylsilyloxy-n-valeric acid	1.24	0.000	1				
Cyclohexanecarboxylic acid	3.27	0.000	1				
Cholestan-3-ol	3.92	0.001	1				
Tocopherol	2.73	0.001	Ţ				
Gluconic acid	1.34	0.000	1	Fecal signatures of AS Disorders related to A			
β-Sitosterol	2.43	0.000	1	Cholest-3-ene			
Serine	1.37	0.001	1	Cholest-4-en-6-one			
Stigmastan-3,5-diene	2.27	0.012	1	3-Pyridinecarboxylic acid			
24-Ethyl-δ(22)-coprostenol	1.55	0.000	1	Tocopherol===================================			
α-l-Galactofuranoside	1.35	0.000	1	β-Sitosterol			
N-(4,5-Dimethyl-thiophen-2-yl)-benzamide	1.10	0.000	1	Serine→ HLA-B27 protein			
3-Pyridinecarboxylic acid	1.54	0.000	1	Gluconic acid			
Cholest-3-ene	1.19	0.007	1	Valeric acid> Imbalance of gut micro			
Docosanoic acid	1.71	0.043	1				
Cholest-4-en-6-one	1.49	0.000	1				
1-Heptatriacotanol	1.07	0.000	1				
Nonacosane	1.37	0.003	1				
Ergost-5-en-3-ol, acetate	<1.00	0.007	-				
D-Myo-Inositol	<1.00	0.010	-				

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			•	iuit		
	Total -	Male vs fen	nale	AS - Mal	e vs female	1-
	VIP	P value	Trend	VIP	P value	Trend
α-Tocopherol	2.46	>0.05	-	3.47	>0.05	-
Docosanoic acid	3.07	>0.05	-	3.38	>0.05	-
Tocopherol	3.74	>0.05	-	3.37	>0.05	-
11-cis-Octadecenoic acid	2.14	>0.05	-	2.36	>0.05	-
α-l-Galactofuranoside	1.94	>0.05	-	2.31	>0.05	-
Cholestan-3-ol	2.80	>0.05	-	2.18	>0.05	-
Cyclohexanecarboxylic acid	2.15	>0.05	-	2.07	>0.05	-
Stigmastan-3,5-diene	2.87	>0.05		1.81	>0.05	-
Cholest-4-en-6-one	1.05	>0.05		1.75	0.041	1
α-D-Glucopyranoside	1.54	>0.05	-	1.51	>0.05	-
Nonacosane	1.63	>0.05	-	1.29	>0.05	-
Serine	1.30	>0.05	-	1.27	>0.05	-
Cholest-3-ene	<1.00	>0.05	-	1.14	>0.05	-
Propanedioic acid	<1.00	>0.05	-	1.12	0.020	1
5-Hydroxyhexanoic acid diTMS	<1.00	>0.05	-	<1.0	0.039	-
D-Myo-Inositol	<1.00	>0.05	-	<1.0	0.045	
Pentacosane	<1.00	>0.05	-	<1.0	0.038	-
β-Sitosterol	1.06	>0.05	-	<<1.00	>0.05	-
Carbazole	<1.00	>0.05	-	<1.00	>0.05	-
Galactose oxime	<1.00	>0.05		<1.00	>0.05	-
9,12-Octadecadienoic acid	<1.00	>0.05	-	<1.00	>0.05	-
Ergost-5-en-3-ol, acetate	<1.00	>0.05	-	<1.00	>0.05	-
d-Glucose	1.14	>0.05	-	<1.00	>0.05	-
Acetic acid	1.14	>0.05	-	<1.00	>0.05	-
9-Octadorenoic acid	<1.00	>0.05	-	<1.00	>0.05	-



Clusters are defined by Bacteroides and Akkermansia

- The two clusters had similar abundance of *F. Prausnitzii*
- The subjects who clustered with the controls tended to have high abundance of Akkermansia (> 1% in 7/17 vs 0/8)
- The subjects forming their own cluster had high *Bacteroides* abundance (32% vs 13%)

Stoll, Arth Res Ther 2014;16:486



What about the impacts of treatment?

Studied a multi-center cohort of newly diagnosed patients









Increased *B. fragilis* in ERA



Abundance of F. prausnitziii</t

There are differences within strains of *F. prausnitzii*



Decreased regulatory strain of *F. prausnitzii* in ERA





Are these taxonomic and genetic alterations associated with different metabolic products?

To be addressed with nanoLC-MS

First question: Does -80oC storage impact findings?



Looks like it does not much А Individuals : 4 3 PC 2 (16.22%) Class fresh frozen 0 8 4 40 -20 0 20 40 PC 1 (39.30%) O'Sullivan, ACS Omega 2018;3:16585





Next questions

- How to prepare the fecal specimen?
- Will the glycerol impact the findings?
 Will it destroy the machine? (Bad outcome)

Sample collection

- Samples collected in Cary-Blair media and stored at -80°C in glycerol
- ddH20 added 1:1 to thawed suspension
- Addition of
 - Acid: 1 µL / ml of 98% formic acid
 - Alkaline: 90 µL of 0.15M NaOH
 - Neutral: Nothing added
- Ultracentrifuge (14,000g x 15min at 4oC)
- Extraction with ethyl acetate





Feature	Derivat	ion set	Validation set		
	ERA	Control	ERA	Control	
N	14	9	10	10	
Age (yrs)*	14; 7-17	10; 7-18	14; 8-16	12; 9-17	
Male : female	5:9	2:7	7:3	5:5	
BMI	26; 17-35	19; 14-24	20; 15-27	19; 15-32	
HLA-B27+	2 / 13	ND	4 / 10	ND	
Duration of therapy (months)	0; 0-2	NA	4; 0-27	NA	
Meds					
None	5	11	0	11	
MTX alone	6	0	3	0	
MTX, anti-TNF	2	0	4	0	
Anti-TNF alone	1	0	3	0	



						0	Jt	out						
	name	mzmed	mzmin	mzmax	rtmed	rtmin	rtmax	npeaks	maxint	mean1	sd1	mean2	sd2	AIM10
1	M375T11	375.1196	375.1157	375.1242	10.518	10.4453	10.66235	9	1489	11612.01	1988.292	8031.63	2258.383	13632.6
2	M145T17	145.0832	145.0751	145.0854	16.5405	16.50928	16.57477	25	6412	31653.72	17014.9	40894.85	8253.572	28153.01
3	M230T13	230.142	230.1357	230.1455	12.92336	12.77142	13.03595	22	2467	12003.46	3034 568	18000.05	4133 412	11646 65
4	M21/115 M250T23	217.0594	217.0552	217.0629	15.3946	15.34805	22 0265	1/	146	528.6872	114.1793	708.1843	187.559	429.0455
6	M171T5	170 9971	170 9959	171 0015	4 796133	4 6058	5 027267	24	1018	12134.58	2157.723	16006.23	4290.593	9046.578
7	M541T18	541.3654	541.3644	541.3718	18 33025	18,2465	18 382	8	610	6100.533	2595.559	3432.371	1029.915	7482.783
8	M554T19	554.3772	554.3712	554.3797	19.17725	19.05517	19.2615	18	828	7444.75	3638.92	3894.982	843.9107	10250.25
9	M540T18	540.3623	540.3603	540.3713	18.34017	18.31633	18.37383	15	1886	11959.26	6837.767	5657.515	1965.369	16554.72
10	M392T19	392.2578	392.2512	392.2625	19.11833	19.088	19.16567	17	1478	10284.84	7512.577	3370.939	2008.293	17069.17
11	M458T13_	458.226	458.2184	458.2302	13.06881	13.0053	13.13973	8	2050	13824.57	4209.204	9867.679	2206.84	18814.28
12	M517T16	517.2108	517.2061	517.2152	15.57198	15.53338	15.6045	11	6326	26653.93	14532.22	13350.45	7289.252	22128
13	M374T18	374.254	374.2489	374.2614	17.8755	17.83267	17.91267	13	2809	20887.82	18428	4637.943	2698.356	41094.56
14	M346T22	346.2578	346.2563	346.2582	21.61733	21.55183	21.83467	8	566	2918.221	2526.624	707.5931	472.1762	6226.067



Fewer unique metabolites in ERA









Mummichog output

- Folder with three sub-folders, txt file, and html file
- HTML file shows top pathways from the input file
- TXT file is a log file
- TSV folder contains useful datafiles

Tentative feature match

m/z	id	match_forrmz	differe	name pathway
63.9942	C00084	M+Na-2H[-	0.0006	Acetaldehy Glycine, serine, alanine and threonine metabc
63.9942	C06548	M+Na-2H[-	0.0006	Ethylene oxide
96.9608	C00059	M-H[-]	0.0007	Sulfate; Sul Glycosphingolipid metabolism\$Androgen and
96.9608	C00094	M-H+0[-]	0.0007	Sulfite Methionine and cysteine metabolism
105.0194	C00033	M+HCOO[-	0.0007	Acetate; AcPyruvate Metabolism\$Proteoglycan biosynthe
105.0194	C00058	M+CH3COC	0.0006	Formate; NSqualene and cholesterol biosynthesis\$Trypto
105.0194	C00184	M-H+0[-]	0.0001	Glycerone; Glycerophospholipid metabolism
105.0194	C00186	M-H+O[-]	0.0001	(S)-Lactate; Pyruvate Metabolism\$Glycolysis and Glucone
105.0194	C00256	M-H+O[-]	0.0001	(R)-Lactate Pyruvate Metabolism\$Glycine, serine, alanine
105.0194	C00258	M-H[-]	0.0001	D-Glycerat(Glycine, serine, alanine and threonine metabc
105.0194	C00266	M+HCOO[-	0.0007	Glycolaldel Glyoxylate and Dicarboxylate Metabolism
105.0194	C00577	M-H+O[-]	0.0001	D-Glyceral: Galactose metabolism\$Glycerophospholipid n
105.0194	C01013	M-H+0[-]	0.0001	3-Hydroxyr Beta-Alanine metabolism\$Propanoate metabo
105.0195	C00033	M+HCOO[-	0.0008	Acetate; AcPyruvate Metabolism\$Proteoglycan biosynthe
105.0195	C00058	M+CH3COC	0.0007	Formate; NSqualene and cholesterol biosynthesis\$Trypto
105.0195	C00184	M-H+O[-]	0.0002	Glycerone; Glycerophospholipid metabolism
105.0195	C00186	M-H+0[-]	0.0002	(S)-Lactate; Pyruvate Metabolism\$Glycolysis and Glucone
105.0195	C00256	M-H+O[-]	0.0002	(R)-Lactate Pyruvate Metabolism\$Glycine, serine, alanine
105.0195	C00258	M-H[-]	0.0002	D-Glycerat(Glycine, serine, alanine and threonine metabo
105.0195	C00266	M+HCOO[-	0.0008	Glycolaldel Glyoxylate and Dicarboxylate Metabolism
105.0195	C00577	M-H+0[-]	0.0002	D-GlyceralcGalactose metabolism\$Glycerophospholipid n
105.0195	C01013	M-H+0[-]	0.0002	3-Hydroxyr Beta-Alanine metabolism\$Propanoate metab
116.0718	C00183	M-H[-]	0.0001	L-Valine; 2-Valine, leucine and isoleucine degradation

Pathways represented in controls

Pathway	Overlap size	Pathway size	Corrected p-value
NEGATIVELY CHARGED IONS (top 5)			
Glycosphingolipid biosynthesis - ganglioseries	5	7	0.00091
Tryptophan metabolism	13	46	0.00106
Glycosphingolipid biosynthesis - globoseries	3	3	0.00122
Glycosphingolipid metabolism	6	15	0.00125
N-Glycan biosynthesis	3	6	0.00328
POSITIVELY CHARGED IONS (top 5)			
Tryptophan metabolism	9	37	0.0038
Xenobiotics metabolism	8	36	0.00544
Selenoamino acid metabolism	3	12	0.02442
Vitamin B6 (pyridoxine) metabolism	2	6	0.04015
Purine metabolism	4	24	0.05128
Stoll Genes I	mmunity 2016;17:	400	

More data from the negative mode

Pathway	Overlap size	Pathway size	Corrected p-value
Glycosphingolipid biosynthesis - ganglioseries	5	7	0.00091
Tryptophan metabolism	13	46	0.00106
Glycosphingolipid biosynthesis - globoseries	3	3	0.00122
Glycosphingolipid metabolism	6	15	0.00125
N-Glycan biosynthesis	3	6	0.00328
Tyrosine metabolism	14	68	0.00349
Glycolysis and gluconeogenesis	6	23	0.00425
Butanoate pathway	4	12	0.00431
Biopterin metabolism	4	13	0.00431
Fructose and mannose metabolism	4	16	0.01275

Stoll Genes Immunity 2016;17:400



Pathways represented in controls

Pathway	Overlap size	Pathway size	Corrected p-value
NEGATIVELY CHARGED IONS			
Urea cycle/amino group metabolism	3	21	0.0106
Biopterin metabolism	2	7	0.01162
Tryptophan metabolism	3	37	0.03769
Glycerophospholipid metabolism	2	16	0.03784

Stoll Genes Immunity 2016;17:400

Tryptophan and SpA

- TRP is an essential amino acid
- Only about 1% of Trp is used for protein synthesis; rest is metabolized
- Most of the metabolites can impact systemic immunity
 - Th17 / regulatory T cell balance
 - Chemokines / cytokines
- Most, not all, are anti-inflammatory



TRP and inflammatory disease

- Reduced plasma TRP in adults with ankylosing spondylitis (Gao, Analyst 2008; 133:1214)
- Reduced serum TRP in adults with IBD
 - Negative association with disease activity (Nikolaus, *Gastroenterology* 2017;153:1504)

Validation with targeted metabolomics

- Worked with metabolomics group to develop assays for:
 - TRP and relevant metabolites
 - SCFA
- Selected TRP metabolites with literature to suggest a role in arthritis or immune activation
- Newly diagnosed treatment naïve patients
 - To the extent possible, used patients from prior run
- Serum and stool

Selected metabolites

Tryptophan pathway
Tryptophan
Tryptamine
Nicotinic acid
Serotonin
2-picolinic acid
5-OH tryptophan
Indole-3 acetate
Indole-3 lactate
Kynurenine

SCFA
Butyric acid
Acetic acid
Propionic acid
Valeric acid

Subjects			
Characteristics	Stool	Serum	
n	38	50	
ERA : healthy control	19 : 19	25 : 25	
Included in prior publication	11	13	









Contamination issues with other SCFAs







Acetic Acid(AA) standard curve with contamination





Summary: SCFA in ERA

- Diminished abundance of butyrate-producing *F. prausnitzii* in ERA
- Diminished genetic potential to make butyrate in ERA
- Unsupervised metabolomics show decreased fecal water SCFA
- Slightly decreased serum butyric acid in ERA – Other SCFA are work in progress
- Taken together, data seem to support role for SCFA in ERA

Limitations

- Inability to validate TRP findings
- Low numbers of patients
- Effect of inflammatory process / therapies

Current and future directions

- Continue targeted metabolomics of SCFA
- Direct assessment of inflammatory potential of fecal water
- Consider re-submission of grant that proposed to compare TRP metabolism in ERA patients vs controls

